



## THỂ THAO

### **Đề bài:**

***Some people think that sports play an important role in the development of society. Others think they are nothing more than a leisure activity. Discuss both views and give your opinion.***

### **Bài mẫu:**

Sports activities have become a perpetual concern for the public in recent years. Some individuals believe that sports are nothing but purely recreational activities, while others argue that sports play an essential role in social and cultural advancement in any community. In this essay, I would like to discuss both of these perspectives before drawing a reasoned conclusion.

On the one hand, some people claim that sports should only be considered physical recreations due to the high stakes inflicted upon elite athletes and knock-on effects on school education. Firstly, recreationalizing sports might alleviate the detrimental repercussions of the win-at-all-cost attitudes of elite players as they flagrantly disregard their own welfare. Professional athletes tend to neglect injuries and continue playing with pain, resulting in long-term health impacts, or they might even resort to unethical means and athletic performance-enhancing drugs, including doping, to achieve a championship. Secondly, the high-stakes attitude could devastate the school sports field and other aspects of school. While the benefits of exercise to kids' physical and mental well-being are well-documented, there is a huge discrepancy between kids kicking a ball around a park and them being subject to highly structured, high-stress, and high-stakes organized sports. Pushing students to the limits by partaking in overly arduous sports under socially constructed pressure might become self-harmful and ultimately bring disruption to their personal and school lives.

On the other hand, sports activities are essential to society as a telling reflection of a society's values. Firstly, sports in society can even influence citizens' understanding of socio-economic issues, and they can help frame national identity or divert attention to pressing issues. For instance, the recent Colin Kaepernick controversy, in which he led a movement of NFL players kneeling during the national anthem, raised awareness of police brutality against African Americans and led to the NFL agreeing to devote substantial funds to help reverse the trend in cities across America. Secondly, while sports can also, at times negatively impact society with corruption, scandal, and the incitement of violence, their positive influence far outweighs their negative aspects as it has a unique power to attract, mobilize and inspire people. In fact, sports are synonymous with human values, including respect for the opponent, acceptance of binding rules, teamwork, and fairness. Physical activities like sports, whether for recreational, professional, or educational purposes, are not merely about fitness and victory; above all, they are an essential building block of a prosperous and healthy society. Much like a country's



educational system, media, or political and social movement, sporting events bring disparate people together by strengthening ties and celebrating the common ideals of fairness, sacrifice, hope and sportsmanship.

In conclusion, despite certain validity in support of considering sports as physical recreations, I still believe that sports should serve as a fundamental part of social and human advancement.

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Vocabulary and Collocations:

high stakes	high risk
elite sports/professional sports elite/professional players/athletes	
inflict upon	cause
knock-on effect	hiệu ứng sâu rộng
detrimental repercussions	tác động bất lợi
win-at-all-cost attitude	thái độ thắng bằng mọi giá
unethical means	phương tiện phi đạo đức
athletic performance-enhancing drugs	thuốc tăng cường thành tích thể thao
arduous	physicall demanding
bring disruption to	mang lại sự gián đoạn/đổ vỡ cho.....
telling reflection of	phản ánh quan trọng về



national identity	bản sắc dân tộc
police brutality	sự tàn bạo của cảnh sát
incitement of violence	kích động bạo lực
political and social movements	phong trào chính trị/xã hội
common ideals	lý tưởng chung
acceptance of binding rules	chấp nhận những quy tắc chung
sportmanship	tinh thần thể thao
essential building block of	một khối thiết yếu của....

***Đề bài:***

***Large companies use sports events to promote their products.***

***Some people think this has a negative impact on sports.***

***To what extent do you agree or disagree?***

Bài mẫu hoàn chỉnh:

In recent decades, it has been observed that large corporations have been increasingly utilizing athletic events for the purpose of marketing and selling their goods. Whether this trend has brought about more benefits or drawbacks for sports remains a debatable issue, and this essay serves to give an insight into the situation.

On the one hand, it is fair to say that the integration of monetization into sports events could result in a number of disadvantages. Firstly, as money is being poured into sports, athletes are required to allocate a remarkable amount of time to serving sponsorship contracts by showing up in promotional events and taking part in tiring advertisement productions. As a result, it could



exhaust their energy, which could be better spent on practicing and competing at high levels, thus leading to poorer performance. A well-known case of this issue in Vietnam is that of a national goalkeeper, Nguyen Van A, who was expected to be the best to guard the goal for our nation in the upcoming years. As he devoted too much of his time to acting in adverts, he gradually lost focus and confidence during important matches, which negatively affected his reputation. Secondly, it is a fact that in global sports competitions like the Euros, World Cup, or NBA, there are often tens or hundreds of brands advertising in various approaches and forms. Consequently, it leads to the audience's negative feelings of being bombarded with annoying and frustrating commercials, adversely influencing the pure enjoyment of sports that they expect.

On the other hand, there is no denying that financial gains from sports advertisements could bring significant advantages for several reasons. With a huge source of money flowing in, establishments could invest in constructing and maintaining stadiums and arenas, improving the quality of medical treatments given to players and staff, and ensuring security throughout sports events. The positive outcome of this could be the immense joy of sports lovers around the world, which could sometimes be memorable for a lifetime. The success of an athletic event could also boost the image of the host country, leading to more commercial opportunities or political advantages in the future. Furthermore, more money would be a big motivation for youngsters who want to pursue a career in professional sports. For example, advertisements have given sports stars like Ronaldo, and Messi life-changing payment, allowing them to fully concentrate on playing football and achieving admirable performances.

In conclusion, it is undeniable that there are both merits and demerits of commercialization in sports. Nevertheless, I am personally convinced that the benefits outweigh the drawbacks, as financial gains from advertising allow better conditions for sports competitions, as well as motivate young people to take part in sports and perform the best.

### **Từ vựng và collocation:**

For the purpose of + doing sth: để làm được điều gì đó

Increasingly utilizing (adv + v): tăng cường sử dụng

Sth remains a debatable issue: điều gì đó vẫn còn là vấn đề gây tranh cãi

This essay serves to give an insight into the situation: Bài luận này nhằm đưa ra góc nhìn về vấn đề này

Monetization (n) kiếm tiền (từ tài sản, hoạt động kinh doanh)



Allocate a remarkable amount of time to + N/V-ing: Dành một khoảng thời gian đáng kể vào việc gì đó

To be poured: Được đổ vào

Thus + V-ing: Vì vậy + hành động

Devote time: Dành thời gian

It is a(n) (actual) fact that: Đó là một sự thật rằng

There is no denying that: Không thể chối từ rằng

Immense (adj): rất lớn

Memorable (adj): đáng nhớ

Pursue (v) pursuit (n) : theo đuổi

Admirable (adj) đáng ngưỡng mộ